Three years ago a male caller phoned my private detective agency and asked to speak with me. The caller said he was the victim of “gang stalking” and described how it was being done. I was reluctant to believe such a thing and asked him where I could find additional information on gang stalking.

Initially, I thought the caller was delusional. It was the same thought I had had about previous callers who described being harassed by—for lack of a better description—several people in their neighborhood. For example, a woman from Baltimore had earlier told me she was finding items in her home mysteriously moved around while she was out. Her outgoing mail would reappear in her mailbox, several days after she sent it. Another male caller said he was certain he was being stalked and that he was not crazy. These, and other calls, began to make me doubt that these callers were imagining these events.

When interviewing prospective clients, one of my first steps is to try to sort out the “crazies” from the sane, which is difficult at best, especially over the phone in only a few minutes. With these calls, I would start by asking the caller if he or she was taking any legal or recreational drugs/medication and whether she had ever been treated for dementia, hysteria, hallucinations, etc. I would also ask if there might be a person, persons or group that the caller may have injured or offended in some way—someone who would be motivated to do this. Was the caller a whistle blower? Our staff would also ask if the caller had a former friend or lover who might be having trouble letting go.

Prior to learning about gang stalking, I would tell callers to keep a journal with as much detail as possible. I
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would also tell them to contact me once they had something tangible for our agency to build on, such as a vehicle tag number and/or descriptions of any of the individuals. This advice hasn’t changed: I continue to recommend keeping a journal. The mere practice of keeping a journal can be therapeutic and help the writer to keep his or her facts straight.

Gang stalking (or “organized stalking”) involves employing techniques of psychological warfare in a methodical and well-orchestrated manner. Often, victims become the target of ridicule by friends and family because the occurrences are so hard to believe. These tactics are intended to weaken the target to the point of physical and psychological collapse. Now that the number of targets has increased to the point where victims can network with one another, they find out that the same tactics are being used everywhere.

The reasons why someone is initially targeted for gang stalking may vary. Sometimes, the victim may be a political activist. Others may have simply been in the wrong place at the wrong time. Apparently, corporations have been known to hire these stalking groups to silence people who were once in their employ. Members of the stalking gangs may be lied to about the victim, so that he or she will possibly remove any self-doubt they may experience if this happens to them. The first reason is to make people aware of these occurrences, and to possibly remove any self-doubt they may experience if this happens to them personally. The second is to make people more sensitive to the concerns of a friend or family member who may be experiencing some or all aspects of gang stalking.

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